

PHYSICS

SAMPLE BOOK





INDEX

GRADE-7



Fam











Experiential Experimental Edutaining



I AM PROGRESSING

(Tick mark the columns after achieving the Learning Milestones)



	F_1			
TOPIC	1 st Learning	Exercise Solving	1 st Revision	2 nd Revision
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PHYSICS

SAMPLE THEORY

HEAT

HEAT (THERMAL) ENERGY

Form of energy which flows between two objects or systems as a result of temperature difference between them.

- ➤ S.I. unit is **Joule (J)**. Other commonly used unit is **Calorie (cal)**.
- ➤ Calorie is the amount of heat required to raise the temperature of 1 gram of water by 1 °C. 1 Calorie = $4.18 \text{ J} \approx 4.2 \text{ J}$
- ➤ Heat naturally flows from high temperature to low temperature.
- ➤ If heat can flow between two objects or systems, the objects or systems are said to be in thermal contact.

TEMPERATURE

- ➤ The measure of degree of hotness or coldness of a body is called its **temperature**.
- ➤ Energy must be either added to or removed from a substance to change its temperature.
- **Thermal equilibrium**: It is a state in which two bodies acquire identical temperatures when they are in physical contact with each other.

THERMOMETER

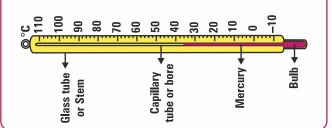
➤ It is an instrument used for measuring the temperature of a substance.

Thermometer

Laboratory thermometer

It is used to measure the temperature of objects other than the human body.

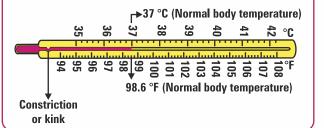
Range : -10 °C to 110 °C



Clinical thermometer

It is used to measure the temperature of human body.

Range : 35 °C to 42 °C, 94 °C to 108 °C Normal temperature of humay body 37 °C.









PHYSICS

SAMPLE EXERCISE

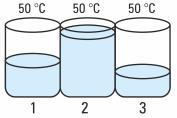


GRADE-7 Heat



Directions: Solve each of the following multiple choice questions by choosing the most appropriate option.

- 1. Three glasses containing water at the same temperature, are placed side by side touching each other as shown in the given figure. Given that glass 1 contains 0.3 kg of water, glass 2 contains 0.5 kg of water and glass 3 contains 0.1 kg of water. Which of the following statements is true?
 - (1) Heat flows from glass 1 to glass 2 and from glass 2 to glass 3.
 - (2) Heat flows from glass 2 to glass 1 and from glass 2 to glass 3.
 - (3) Heat flows from glass 1 to glass 2 and from glass 3 to glass 2.
 - (4) Heat does not flow among these three glasses.



- 2. In a thermos flask, heat loss by conduction, convection and radiation can be avoided by
 - (1) providing vacuum between the two walls of the flask.
 - (2) filling the space between the two walls of the flask with cork which is a bad conductor of heat.
 - (3) providing a shining glass.
 - (4) All the above
- 3. -40 °C is numerically equal to

- 4. Absolute zero is the condition at which
 - (1) molecular motion ceases.
 - (3) matter becomes massless.

- (2) gas becomes liquid.
- (4) random motion of molecules occur.
- 5. A hot and a cold body are kept in vacuum separated from each other. Which of the following will cause decrease in temperature of the hot body?
 - (1) Radiation

(2) Convection

(3) Conduction

- (4) Temperature remains unchanged
- 6. If C, F and K are the temperatures on Celsius, Fahrenheit and Kelvin Scale, \triangle C, \triangle F and \triangle K are the change in temperature in Celsius, Fahrenheit and Kelvin scale respectively. The correct relation among the following is

(1)
$$\frac{C}{5} = \frac{F - 32}{9} = \frac{K - 273}{5}$$

$$(2) \quad \frac{\Delta C}{5} = \frac{\Delta F}{9} = \frac{\Delta k}{5}$$

(3)
$$\frac{\Delta C}{5} = \frac{\Delta F - 32}{9} = \frac{\Delta K - 273}{5}$$

(4)
$$\frac{C}{5} = \frac{F}{9} = \frac{K}{5}$$

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